

2016 • 42ND ANNUAL

# SPRING SYMPOSIUM

April 14-15, 2016



REGISTER BY  
**MARCH 15 TO SAVE**

## Target Audience

- + Emergency Nurses
- + Nurses with an interest in Emergency Care
- + Advanced Practice Nurses
- + Nurse Leaders

[illinoisena.org](http://illinoisena.org)

# WELCOME

## DEAR EMERGENCY NURSE,

On behalf of the Illinois State Council Emergency Nurses Association, we invite you to attend the Annual Spring Symposium. The Spring Symposium Committee spent the past year working diligently to continue the Symposium's tradition of quality education from recognized experts with the latest need-to-know evidence for emergency nurses and healthcare professionals.


Emergency nurses, nurses with an interest in emergency care, advanced practice nurses, and nurse leaders are invited to participate in the Spring Symposium 2016. Continuing education credit will be applied for nurses and EMS providers.

The Spring Symposium is held this year at the same location, the Hilton Lisle-Naperville Hotel in Lisle, Illinois. This beautiful facility offers a wide variety of amenities for guests and Symposium attendees with a luxury decor.

The Advanced Clinical Program on Thursday, April 14, is geared towards APNs and advanced practice students, and open to all RNs. The ACP features a deep-dive session on X-ray interpretation, as well as adult, pediatric, and pharmacology content. Dr. William Hampton is back by popular demand, and will present during the ACP, and as the keynote speaker for General Sessions; Jeff Solheim also returns for General Sessions, and will present the closing address. The General Sessions on Friday, April 15, include our expansive Exhibit Hall.

Come and join emergency nurses and healthcare providers from Illinois and beyond, network with your colleagues and update your emergency care knowledge.

**We look forward to seeing you at the Hilton in Lisle!**



**Christine Chaput,**  
2015-2016 President  
Chair, Spring Symposium Committee  
Illinois ENA

# Spring Symposium 2016 Committee

2016 • 42ND ANNUAL  
SPRING SYMPOSIUM



## CHAIRPERSON

.....

Christine Chaput, MSN, RN, CEN, TNS

## MEMBERS

.....

Vicki Bacidore, MSN, RN, ACNP-BC, CEN, TNS

Julie Bracken, RN, MS, CEN

Regina Bracken, RN

Jason Cruz, MS, RN, TNS

Darcy Egging, RN, MSN, ANP-BC, ENP-BC,  
CEN, TNS, FAEN

Jan Gillespie, RN, BA, TCRN, TNS

Marites Gonzaga-Reardon, MSN, APN,  
CCNS, CEN

Harriet Hawkins, RN, CCRN, CPN, CPEN, FAEN

Katrina Hejnowski, MSN, RN, CEN, TNS

Thelma Kuska, RN, BSN, CEN, FAEN

Jeff Murphy, MSN, MHA, RN, CEN

Nicholas Nelson, MS, RN, CEN, CPEN, TCRN  
CCRN, CPN, NRP

Kathleen Richmond, RN, MS, CIC

Rebecca Steinman, APN, CEN, CPEN, CCRN,  
CCNS, FAEN

Lisa Wilson, BSN, RN, CEN, NE-BC



# SPRING SYMPOSIUM SCHEDULE AT-A-GLANCE

# REGISTRATION FEES

REGISTER ONLINE AT [ILLINOISENA.ORG](http://ILLINOISENA.ORG)  
OR [CLICK HERE](#)

## Thursday, April 14 **Advanced Clinical Program**

8:00 – 9:00 AM	Check-in and On-Site Registration
9:00 – 12:00 PM	X-Ray 101
12:00 – 1:00 PM	Lunch
1:00 – 2:00 PM	Pediatric C-Spine Injuries
2:00 – 3:00 PM	Intranasal Medication Administration
3:00 – 3:15 PM	Break
3:15 – 4:15 PM	Dangerous Diagnostic Momentum
4:15 – 5:15 PM	ACE Inhibitors Angioedema

## Friday, April 15 **General Sessions**

6:45 – 8:00 AM	Check-in and On-Site Registration
7:15 – 7:45 AM	Poster Session
7:00 – 8:00 AM	Breakfast & Opening of Exhibit Hall
8:00 – 8:05 AM	Welcome
8:05 – 9:05 AM	Keynote Address
9:10 – 10:10 AM	Breakout Sessions – 200s
10:15 – 11:15 AM	Exhibit Hall
11:20 AM – 12:20 PM	Breakout Sessions – 300s
12:30 – 1:15 PM	Lunch
1:20 – 2:20 PM	Breakout Sessions – 400s
2:30 – 2:35 PM	Closing Remarks
2:35 – 3:35 PM	Closing Address

Registration is based on availability. Registration details, including the cancellation/return policy and substitution policy, may be viewed on the registration site. Visit [www.illinoisena.org](http://www.illinoisena.org) for more information.

### GENERAL SESSIONS

ENA Member Early Bird (by 3/15) .....	\$115
ENA Member (after 3/15) .....	\$150
Nonmember .....	\$220

### GENERAL SESSIONS - STUDENT

Nursing (pre-RN) Student .....	\$80
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### ADVANCED CLINICAL PROGRAM

ENA Member .....	\$175
Nonmember .....	\$195

### ADVANCED CLINICAL PROGRAM AND GENERAL SESSIONS

ENA Member .....	\$225
Nonmember .....	\$350

### STATE SPONSORED NETWORKING DINNER...\$15\*

\*100% of fee will be donated to ENA Foundation

## IMPORTANT DATES TO REMEMBER

Online Registration Opens .....	January 15, 2016
Early Bird Rate Ends .....	March 15, 2016
Online Registration Closes .....	April 12, 2016

Advanced Clinical Program .....	April 14, 2016
Networking Dinner .....	April 14, 2016
General Sessions .....	April 15, 2016
Exhibit Hall .....	April 15, 2016

# 2015 EXHIBITORS

The Spring Symposium would not be possible without the generous and support from our exhibitors. Last year's exhibitors included:

- Abbott Point of Care
- AccuVein
- Air Methods Corporation
- Alere
- ANA-Illinois
- Armstrong Medical Industries
- AstraZeneca Pharmaceuticals
- Aurora University
- Bard Access
- Board of Certification for Emergency Nursing
- BSN medical
- BTG International, Inc.
- Centurion Medical Products
- CEP America
- Chicago Ambulance Alliance (ATI/Trace/  
Vandenberg Ambulance)
- Christie Medical Holdings
- DePaul University
- EKG Concepts
- Emergency Nurses Association
- Gebauer
- Genentech
- Gift of Hope Organ & Tissue Donor Network
- Grand Canyon University
- healthCentric
- Illinois Emergency Medical Services for  
Children
- Illinois Helps
- Illinois Medical Emergency Response Team
- Illinois Society for Advanced Practice Nursing
- Karl Storz Endoscopy
- LifeLine Ambulance
- Loyola Gottlieb Memorial Hospital
- Loyola University Chicago
- Magnolia Medical Technologies
- Marathon Pharmaceuticals
- MedEx Ambulance Service
- Medical Shipment LLC
- Medtronic (formerly Covidien)
- North Park University
- OBP Medical
- Olivet Nazarene University
- Paramedic Services of Illinois, Inc.
- PerSys Medical
- Physio Control (formerly Medtronic)
- Pinel Medical Inc.
- QNA, LCC/Life Alarm Distributor
- Smith & Nephew
- Stryker Medical
- Superior Air-Ground Ambulance Service
- Teva Select Brands
- UCAN
- Vernacare
- Zoll Medical Corporation

## THANK YOU TO OUR 2015 PLATINUM SPONSORS



## THANK YOU TO OUR 2015 DIAMOND SPONSOR

**LifeLine Ambulance**

# THURSDAY, APRIL 14

## ADVANCED CLINICAL PROGRAM

Illinois ENA has created the Advanced Clinical Program for experienced emergency nurses and advanced practice nurses who seek more in-depth information. **The Advanced Clinical Program does not require advanced educational degrees or licensure for attendance.**

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**8:00 - 9:00 AM**

**Check In and On Site Registration**

**9:00 AM - 12:00 PM**

**X-Ray 101: Basic Chest, Abdominal, and Skeletal Plain Film Interpretation**

*Laura Kuensting, DNP, APRN, CPEN, CPNP, PCNS-BC*

**12:00 - 1:00 PM :: Lunch**

**1:00 - 2:00 PM**

**Those Pain in the Neck Kids: C-Spine Injuries in Children**

*Laura Kuensting, DNP, APRN, CPEN, CPNP, PCNS-BC*

**2:00 AM - 3:00 PM**

**When to Pick the Nose: Intranasal Medication Administration**

*Megan Rech, PharmD, BCPS*

**3:00 - 3:15 PM :: Break**

**3:15 - 4:15 PM**

**Dangerous Diagnostic Momentum**

*Raj Kalsi, MD*

**4:15 - 5:15 PM**

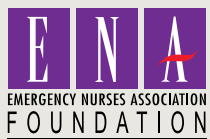
**ACE Inhibitors Angioedema: Best ED Practices**

*William Hampton, DO, MM*

For session descriptions, visit the registration site.

## NETWORKING OPPORTUNITIES

**Silent Auction benefiting ENA Foundation - 5:30 PM**



Featuring the popular 50/50 Raffle, this fundraiser benefits the Emergency Nurses Association Foundation. Interested in donating items for the Silent Auction?

Contact Kathleen Richmond at richmondk8@aol.com.

**State Sponsored Networking Dinner - 6:00 PM**

Network with colleagues from around the state at this complimentary dinner for Illinois ENA members. *Advanced registration is suggested and a \$15 fee will be donated to ENA Foundation. On-site registration is based on availability.*

*Ticket must be presented for admission.*

**Illinois ENA Annual Awards - 6:30 PM**

Celebrate your colleagues as they are recognized for excellence in emergency nursing as we present our Annual Awards during the Networking Dinner.



# FRIDAY, APRIL 15

## GENERAL SESSIONS

Each course has been broken down into categories for ease of identification based on the majority of information to be presented.

- |                                                                       |                                                          |
|-----------------------------------------------------------------------|----------------------------------------------------------|
| <span style="color: #E67E22;">■</span> Clinical                       | <span style="color: #E67E22;">■</span> Pediatrics        |
| <span style="color: #2E86C1;">■</span> Pharmacology                   | <span style="color: #2E86C1;">■</span> Research/Academic |
| <span style="color: #2E86C1;">■</span> Leadership/Professional Issues | <span style="color: #2E86C1;">■</span> Trauma            |

## SCIENTIFIC POSTER SESSION

Evidence based practice scientific posters are on display during the Illinois ENA Spring Symposium. Take advantage of this opportunity to review current projects on relevant emergency nursing topics. The authors will be present to discuss their studies at specified times. Viewing the poster session may earn participants contact hours.

6:45 - 8:00 AM

**Check In and On Site Registration**

7:15 - 7:45 AM

**Poster Session**

7:00 - 8:00 AM

**Opening of Exhibit Hall with Breakfast**

8:00 - 8:05 AM

**Welcome**

*Christine Chaput, MSN, RN, CEN, TNS*

8:05 - 9:05 AM :: **Keynote Address - 101**

■ **9 ½ Things You'd Do Differently if Disney Ran Your Hospital**

*William Hampton, DO, MM*

9:10 - 10:10 AM :: **Breakout Sessions - 200s**

■ **201 - Critically Ill & Injured Children: An ED Case Series**

*William Hampton, DO, MM*

■ **202 - Fall Down, Go Boom: The Biomechanics of Trauma**

*Jeff Solheim, MSN, RN-BC, CEN, TCRN, CFRN, FAEN*

10:15 - 11:15 AM :: **Exhibit Hall**

11:20 AM - 12:20 PM :: **Breakout Sessions - 300s**

■ **301 - 50 Shades of Sepsis**

*Ethan Sterk, DO, FACEP and Tracy Fernandez, RN, CCRN, CEN, TNS*

■ **302 - Geriatric Falls from Ground Level**

*Nancy Raschke Deichstetter, MS, RN, CEN*

■ **303 - Crisis Standards of Care: An Overview**

*Rob Humrickhouse*

12:30 - 1:15 PM :: **Lunch**

1:20 - 2:20 PM :: **Breakout Sessions - 400s**

■ **401 - Evidence Based Practice Winners**

■ **402 - Beyond the Binary: Supporting Trans and Gender Nonconforming Children and Adolescents**

*Jennifer Leininger, MEd*

■ **403 - Endpoints of Brain Death: Understanding Organ Donation**

*Hillary Loehman, NP-C, MSN, RN, CEN, TNS*

2:30 - 2:45 PM

**Closing Remarks**

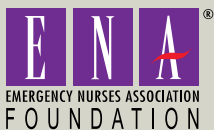
*Christine Chaput, MSN, RN, CEN, TNS*

2:45 - 3:45 PM :: **Closing Address - 501**

■ **Nursing for the Fun of It**

*Jeff Solheim, MSN, RN-BC, CEN, TCRN, CFRN, FAEN*

For session descriptions, visit the registration site.



Enter on Friday, April 15, for a chance to win half the pot in the 50/50 Raffle! This fundraiser benefits the Emergency Nurses Association Foundation.

# SPEAKERS

## ADVANCED CLINICAL PROGRAM

### **William Hampton, DO, MM**

Emergency Physician, Holy Family Hospital, Manitowoc, WI

### **Raj Kalsi, MD**

Emergency Physician, Valley Emergency Care Inc., Northwestern Medicine – Delnor Hospital, Geneva, IL

### **Laura Kuensting, DNP, APRN, CPEN, CPNP, PCNS-BC**

Assistant Teaching Professor, University of Missouri-Sinclair School of Nursing, Columbia, MO

### **Megan Rech, PharmD, BCPS**

Emergency Medicine Clinical Pharmacist, Loyola University Medical Center, Maywood, IL

## EBP WINNERS

### **Catherine Fitt, BSN**

Ann & Robert H. Lurie Children's Hospital of Chicago, IL

### **Marites Gonzaga-Reardon, MSN, APN, CCNS, CEN**

Rush University Medical Center, Chicago, IL

### **Jessa Leslie, MSN, APN-NP, CPNP-PC, CEN**

Ann & Robert H. Lurie Children's Hospital of Chicago Central DuPage Hospital Pediatric Emergency Department, Winfield, IL

### **Morgan Meltzer, RN**

Swedish American Hospital, Rockford, IL

### **Darlie Simerson, MS, FNP**

Northwestern Medicine Central DuPage Hospital, Winfield, IL

## KEYNOTE SPEAKER

### **William Hampton, DO, MM**

Dr. Hampton is a board certified emergency physician and Clinical Assistant Professor in emergency medicine for Midwestern University. He lectures internationally to physicians, nurses, physician assistants, paramedics and medical students. He has presented several times at the Emergency Nurses Association Annual Conference since 2010. He also lectures for various ENA state conferences, EMS conferences, at SEMPA's national meeting, and at ACEP's Scientific Assembly. His lectures have been featured online for ENA and QuantiaMD.

## GENERAL SESSIONS

### **Tracy Fernandez, RN, CCRN, CEN, TNS**

Staff Nurse, Emergency Department, Loyola University Medical Center, Maywood, IL

### **William Hampton, DO, MM**

Emergency Physician, Holy Family Hospital, Manitowoc, WI

### **Rob Humrickhouse**

Healthcare Consulting Services, Greater Chicago Area, IL

### **Jennifer Leininger, MEd**

Program Coordinator, Ann & Robert H. Lurie Children's Hospital of Chicago, IL

### **Hillary Loehman, NP-C, MSN, RN, CEN, TNS**

Emergency Department Nurse Practitioner, Elmhurst Emergency Medical Services Ltd., Elmhurst Memorial Medical Center, Elmhurst, IL; Emergency Physicians Medical Group, West Suburban Medical Center, Oak Park, IL

### **Nancy Raschke Deichstetter, MS, RN, CEN**

Emergency Department Clinical Educator, Edward Hospital, Naperville, IL

### **Jeff Solheim, MSN, RN-BC, CEN, TCRN, CFRN, FAEN**

President, Solheim Enterprises, West Linn, OR

### **Ethan Sterk, DO, FACEP**

Associate Professor, Department of Emergency Medicine, Loyola University Chicago Stritch School of Medicine; Medical Director, ED Sepsis Program, Loyola University Medical Center, Maywood, IL

## CLOSING SPEAKER

### **Jeff Solheim, MSN, RN-BC, CEN, TCRN, CFRN, FAEN**

Jeff Solheim is founder and Executive Director of Project Helping Hands, a Third World humanitarian medical organization, and President of Solheim Enterprises. He has been a nurse since 1989 and an emergency nurse since 1993. Well-known in the emergency nursing field, Solheim has worked in nearly every facet including staff nurse, charge nurse, manager, director, trauma coordinator, flight nurse, educator and pre-hospital nurse. Since 2004, he has traveled around the world speaking on a variety of clinical and motivational topics and leading medical teams with Project Helping Hands. Solheim is a prolific author, having written and edited more than 20 books and published numerous journal and magazine articles. He is currently serving as a Director of the national Emergency Nurses Association Board of Directors.

# ACCOMMODATIONS



The Hilton Lisle-Naperville Hotel in Lisle, Illinois features over 300 rooms and suites to accommodate guests in luxury. Ranked among the top 10% of US Hilton hotels for service and hospitality, Hilton Lisle-Naperville boasts beautifully appointed rooms and suites designed to pamper business and leisure travelers.

## LOCATION

Centrally located in the suburb of Lisle, the Hilton Lisle-Naperville Hotel conveniently rests off the I-88 East-West Tollway, only 19 miles from O'Hare and 27 miles from downtown Chicago.

## GUEST ROOMS

Our luxurious guest rooms are beautifully decorated and elegantly appointed. Each guest room offers a 32-inch flat panel TV, Hilton Serenity Bed Package, Hilton alarm clock radio with MP3 connection, large work desk, two-line phones with voicemail, high speed internet, coffee maker, iron, ironing board and hair dryer. Our remodeled accessible guest rooms are beautifully decorated and comply with current ADA regulations.

## OUT & ABOUT

Within close proximity to the hotel, the Lisle/Naperville area offers a variety of things to see and do. Enjoy shopping at The Chicago Premium Outlets Mall and Oakbrook Mall, stroll through Morton Arboretum, and visit the Brookfield Zoo, Naper Settlement or the Cantigny Museum.

## EAT & DRINK

**Allgauer's:** Enjoy contemporary cuisine and impeccable service while taking in the beautiful view at the award winning Allgauer's Restaurant and Bar.

**The Bar At Allgauer's:** Enjoy our full menu with friends and business associates at the Bar at Allgauer's.

## HOTEL INFORMATION

- Check-in: 3:00 PM
- Check-out: 12:00 PM
- Smoking: This hotel is 100% Non-Smoking
- Parking: Complimentary self parking

## HOTEL AMENITIES

- High speed internet access
- Indoor pool and Whirlpool spa
- 24 hour Fitness Center
- 24 hour Business Center
- Laundry/valet service

## RATES\*

- Standard King (single or double) \$102
- Standard Double (single or double) \$102

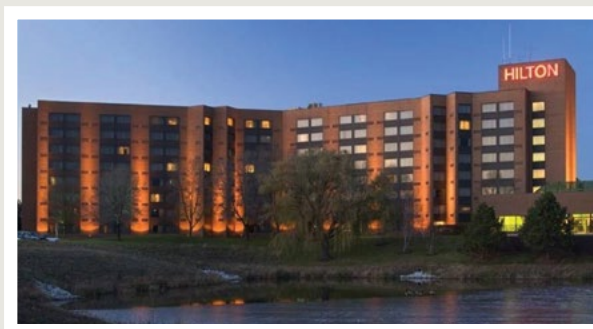
## RESERVATIONS

(630) 505-0900

\*For discounted rate, mention the group code **CIEN**.

Reservation Deadline: March 22, 2016. Subject to availability.

To reserve online, please access [www.lislenaperville.hilton.com](http://www.lislenaperville.hilton.com). Enter arrival and departure dates on the main screen. On the left side, click "Have a special code?" and enter CIEN under the "Group Code." Your group name and rate should display moving forward.





# INFORMATION & RULES

## HOW TO REGISTER

Visit [www.illinoisena.org](http://www.illinoisena.org) and click on the Spring Symposium 2016 Registration link. Contact Kathleen Richmond at [registration@illinoisena.org](mailto:registration@illinoisena.org) with questions or for assistance registering.

## REGISTRATION FEES

You must be a current member of the Emergency Nurses Association to be eligible for member fees. ENA members must indicate their ENA membership number for the member rate. Your member number can be found by visiting [ena.org](http://ena.org). If you cannot register with your member number, email Kathleen Richmond at [registration@illinoisena.org](mailto:registration@illinoisena.org). Special fees are extended for students enrolled in a *pre-licensure nursing (RN) program*.

### General Sessions

ENA Member Early Bird (by 3/15) \$115

ENA Member (after 3/15) \$150

Nonmember \$220

Nursing Student (pre-RN) \$80

### Advanced Clinical Program

ENA Member \$175

Nonmember \$195

### Advanced Clinical Program and General Sessions

ENA Member \$225

Nonmember \$350

## PAYMENT INFORMATION

A credit card authorization (VISA, MasterCard, American Express or Discover) must accompany registration. **Registration received without a method of payment will not be processed.**

## CANCELLATIONS AND REFUNDS

You may cancel your registration without cause by modifying your online registration or by contacting Kathleen Richmond at [registration@illinoisena.org](mailto:registration@illinoisena.org) for a full refund, minus a non-refundable \$25 administrative fee, on or before March 15, 2016. After this deadline, refunds are subject to the Refund Policy located on the online registration site. A \$25 administrative fee will be withheld for any cancellations.

## TRANSFER OF REGISTRATION

In the event that you are unable to attend the meeting, your registration is transferable at no additional charge. Contact Kathleen Richmond at [registration@illinoisena.org](mailto:registration@illinoisena.org) if you wish to transfer your registration to another person.

## CONTACT HOURS

This activity will be submitted to the Emergency Nurses Association for approval to award contact hours. The Emergency Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

You may earn contact hours at the Illinois ENA Annual Spring Symposium 2016 for the General Sessions. This activity will be submitted to Illinois Department of Public Health for approval to award continuing education credit for EMS providers.

## PHOTOGRAPHY

On occasion, an Illinois ENA photographer may take photos of participants at the Illinois ENA Spring Symposium or of people participating in the Spring Symposium functions or activities. Please be aware that these photos are for Illinois ENA use only and may appear in Illinois ENA symposium/educational programs, brochures, newsletter or on the Illinois ENA Web site, in other Illinois ENA materials or as part of Illinois ENA media outreach efforts. Your attendance constitutes your permission and consent for this photography.

## AMERICANS WITH DISABILITIES ACT

If you require special materials or services as covered under the Americans with Disabilities Act, please contact Christine Chaput at [president@illinoisena.org](mailto:president@illinoisena.org) by April 1, 2015.

## QUESTIONS?

For questions about registration, please email Kathleen Richmond at [registration@illinoisena.org](mailto:registration@illinoisena.org).

REGISTER ONLINE AT  
[ILLINOISENA.ORG](http://ILLINOISENA.ORG) OR  
CLICK HERE