

Editor's Note

Please consult the web site for up-to-date information at www.illinoisENA.org. If a meeting is canceled, please check the website for the most current information.

President's Message

By Evelyn Lyons

It's hard to believe my two-year term as President will conclude in November. These past two years seem to have flown by. The activities and opportunities I've been involved with have been both challenging and gratifying. As I travel throughout the state, I'm continually proud of the dedication, commitment and energy you bring to your profession and practice. In addition, I've been exceedingly fortunate to have worked with wonderful board members and committee chairs – all of whom volunteer a great deal of their personal time to our state council. I'd like to thank each of them for their efforts and thank each of you for the opportunity to be your president. Please welcome Cheryl Vinikoor as she assumes the president term in November. I am privileged to have worked with Cheryl over the past two years and have seen first hand the dedication, skills and knowledge that she will bring to this position.

I'd also like to encourage each of you to consider becoming more involved in professional nursing activities. In particular, consider participating in the National ENA Resource Specialist program. ENA members have a tremendous amount of talent and expertise that is important to share with others. The ENA Resource Specialist program was developed to compile an active database of ENA members who have expertise in a number of different areas within the emergency care arena. It can assist members who are looking for ways to participate at a local, regional or national level. If called upon as a Resource Specialist, you could be asked to lend your knowledge and expertise in a variety of ways, such as assisting with a writing project or public speaking opportunity, serving on an ad hoc committee or simply brainstorming new ideas with other specialists relative to a specif-

ic educational program or policy development. To date, the program has registered 127 individuals and has responded to 45 requests. However, National ENA identified there is still a need for specialists in the following fields: Access to Emergency and Trauma Care, Emergency Preparedness, Injury Prevention, Quality Patient Care and Workplace Safety. Check it out and see if you might be interested. To access further information and the application process, go to www.ena.org (click on Members and then select Resource Specialist). National ENA anticipates continued growth as this program matures.

Being actively involved in ENA is a rewarding experience. It is about camaraderie, friendship, sharing and having fun, while doing so much good. Our various committee and council meetings provide an opportunity for nurses to bring common issues to the table that many are grappling with today, such as the nursing shortage, organizational change, disaster preparedness, ED overcrowding. Being part of a professional organization brings us together as advocates for our profession, supports a collective voice and gives us the ability to make a greater difference in our field of practice.

Thanks for the ongoing commitment you make everyday to your patients and to emergency nursing.



President-Elect Message

By Cheryl Vinikoor

In November, I will assume the position of President for the Illinois Council ENA. This is an awesome responsibility and one of which I am proud. I had the benefit of working with Evelyn Lyons and the current Board of Directors for the last two years and have great respect for the jobs they do. In addition, I had

the benefit of attending programs by National designed to develop the leaders in each state, providing them with the tools to help the state organization run smoothly.

Illinois ENA is lucky to have a strong base of experienced nurse leaders currently on the board, as well as our past officers who are mentors and consultants. I am so glad I can draw on these resources for assistance.

If there are issues you would like Illinois State Council to address please contact me at cvinikoor@comcast.net.



Featured Member
Thelma Kuska

*Nominated for the
Barbara Foley Injury
Prevention Award*

Of Motorcycles and Helmets By Thelma Kuska

The recent incident where Pittsburgh Steelers star quarterback Ben Roethlisberger crashed his motorcycle and seriously injuring himself shocked the football fans. This put the concerns about motorcyclists riding without helmets in the news again.

We all know the scenario too well. We know that spring has come (at least in our respective EDs) when our first motorcycle crash victim rolls in the door. Traumatic brain injuries are the most common injuries seen in a motorcycle crash. We all know how fragile the brain is and the serious consequences once that brain is seriously injured.

What are the facts? Nationally, an increase in motorcycle deaths contributed to an overall rise in highway fatalities. The total number of fatalities rose 1.4 percent from 42,836 in 2004 to 43,443 in 2005 according to the National Highway Traffic Safety Administration. Motorcycle fatalities rose from 4,028 in 2004 to

4,553 in 2005, an increase of 13 percent. Almost half of the people who died were not wearing a helmet. In 2005, 157 or 12 percent of the 1,414 total highway fatalities in Illinois are motorcyclists. Illinois repealed its helmet law in 1970.

Per miles traveled, a motorcyclist is about 18 to 20 times more likely to be injured or die in a crash than an automobile occupant. For the average rider, the lifetime risk of a harmful event while motorcycle riding actually outranks other high risk activities such as skydiving, hunting, firefighting and even coal mining (Idaho Dept. of Health & Welfare)

We know the inherent risk of motorcycling and riding without a helmet makes it riskier. Most of the public knows this as well. Most people are in favor of mandatory helmet laws for motorcyclists. And why not? Motorcycle injuries affect much more than the riders. It affects all of us, the taxpayers. We pay for motorcycle head injuries. According to the Center for Injury Research and Control at the University of Pittsburgh, in 2004, there were 602 Pennsylvania hospital discharges for traumatic brain injuries from motorcycle crashes representing a 53 percent increase from the 393 observed in 2002, the last full year of the mandatory helmet law. Non-head motorcycle injuries hospital discharges however increased only 12.6 percent over the same period. The total costs for these injuries, including hospitalization costs, lifetime medical costs, lost wages and household productivity is over \$170 million. The question is do we really want to continue spending large amount of money on something that is easily preventable?

Why not advocate for a return of the helmet law? It makes good sense to wear a helmet when riding a motorcycle.



Events

State Council Meetings

November 3 – The Hyatt Lodge in Oak Brook. Contact Barb Weintraub at barbrn1@comcast.net

Emergency Department Nurse Leadership Workshop – Patient Safety Issues

November 4 – Hyatt Lodge in Oak Brook. Contact Evelyn Lyons at 708-327-2556 or elyons@lumc.edu

Other Committee Meetings

October 24 – Illinois Council Budget Meeting 6 pm Children's Memorial Hospital, Chicago. Contact Elisabeth Weber at 312-654-8725 home, 773-868-8960 work or eweber@childrensmemorial.org

Educational Opportunities

October 16-20 – *Sexual Assault Nurse Examiner*, Collinsville. Contact Julie Garner-Teno at jgarnerteno@atg.state.il.us.

October 19 – *TNCC*, Arlington Heights. Contact Sharon Chesney at 847-618-7403

October 23 – *Advancing Injury Prevention in Your Community*, Edward Hospital, Naperville. Contact Thelma Kuska at 708-361-8677 or thelmakuska@comcast.net

November 2 – *ENPC*, Arlington Heights. Contact Barbara Weintraub at 630-618-5432

November 2 – *ENPC*, Peoria. Contact Thomas Petz at 309-672-5918

November 4 – *ENPC*, Chicago.

Contact Harriett Hawkins at 773-880-6303

January 22-26 – *Sexual Assault Nurse Examiner*, Grayslake. Contact Julie Garner-Teno at jgarnerteno@atg.state.il.us.

February 5-9 – *Sexual Assault Nurse Examiner*, Bloomington. Contact Julie Garner-Teno at jgarnerteno@atg.state.il.us.
*Additional Sexual Nurse Examiner Training Course.

Contact Sue Metcalf at smetcalf@nmh.org.



Announcements

Please welcome the new Illinois ENA Board Members for 2007:

Rebecca Steinmann – *President-Elect*

Karin Buchanan – *Secretary*

Amy Krupa – *Director*

Illinois Council ENA received the 2006 ENAF Pillar Award at the national meeting in September. A special thanks to Kathleen Richmond for coordinating the yearly Silent Auction, which raises the funds, contributed to ENAF.

Barb Weintraub and Polly Zimmerman were inducted into the Academy of Emergency Nursing at the national meeting

in September.

Thelma Kuska was nominated for the Barb Foley Injury Prevention Award.

Mary Lou Dowd, a long time member, passed away in June 2006.



News from your Treasurer

By Elisabeth Weber

The Illinois ENA Per Diem Policy discussed at the state meeting on August 12, 2006 is approved, effective September 1, 2006. This allows the IL ENA to use the new policy for the September General Assembly Delegates reimbursement process. Delegates receive a copy of the policy and the reimbursement forms along with a "Check Request 2006" form on site in San Antonio. This policy now applies for all state sanctioned classes and travel on behalf of the IL ENA. The policy will also be posted on the website following the conference.

The reimbursement of the Delegates is raised to a maximum of \$750 for the conference in San Antonio, TX. Any new delegate also needs to provide a W-9 form to the IL ENA. This form accompanies the packet for reimbursement as described above.

Contact information for the Treasurer:

Elisabeth Weber

IL ENA Treasurer

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Chicago, IL 60610

7763-868-8960 work

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eweber@childrensmemorial.org



Archives Corner

By Kathleen Richmond

How many of you read the *Cherry Ames* series of books popular from the 1940's through the 1960's? And why did the interest in the series wane after the 1970's? Most likely because the 'women's lib' movement let girls know they didn't have to be just teachers, secretaries, or nurses, to have a career! But that's a topic for another day, or is it?

Cherry Ames, an Illinois native, was the consummate nurse who began her career during World War Two as *Cherry Ames, Student Nurse* and *Cherry Ames, Senior Nurse*. She

made twenty-five career moves over the next thirty years (I can identify with that!). If reading her stories taught us anything, it was that we could have innumerable choices as a nurse.

Right out of nurses' training, Cherry joined the Army Nurse Corps, served in the Pacific Theater of Operations, and was decorated for her heroics in *Cherry Ames, Army Nurse*, *Chief Nurse*, and *Flight Nurse*. Home from the war, Cherry continued service to her country by ministering to the battle-scarred veterans in *Cherry Ames, Veterans' Nurse*. Then our heroine takes on challenges and mysteries in her roles as *Cherry Ames, Private Duty Nurse* (Cherry takes a private duty case involving her in mystery and danger.), *Visiting Nurse* (Cherry and her friends move to New York City, join the Visiting Nurse Service and share an apartment in Greenwich Village), *Cruise Nurse* (Cherry takes a working vacation on a glamorous cruise ship and becomes entangled in a mysterious search), *Cherry Ames At Spenser* (Cherry returns to Spenser to work in the new pediatrics wing, and helps in solving a pawnshop robbery), *Night Supervisor* (Cherry is the night supervisor at a small, financially strapped hospital), *Mountaineer Nurse* (Cherry travels to the remote Kentucky mountains, where she becomes entangled in a family feud), *Clinic Nurse* (Cherry is kidnapped, and forced at gunpoint to help treat a gunshot wound), *Dude Ranch Nurse* (Cherry nurses asthmatics at a dude ranch and helps an impoverished teenage orphan), *Rest Home Nurse* (Cherry supervises the nursing staff at a rest home), *Country Doctor's Nurse* (Cherry's new post as an office nurse involves her in a nasty mayoral campaign), *Boarding School Nurse* (Cherry serves as school nurse at a reconverted chateau in Illinois), *Department Store Nurse* (Cherry's medical office at a New York department store adjoins the antiques department, and Cherry becomes involved with a series of mysterious thefts), *At Hilton Hospital* (Cherry helps unravel the mysterious problems of a frightened young man with amnesia), *Island Nurse* (Cherry takes a private duty case on a remote Canadian island and discovers a mystery involving a smuggling ring and a secret silver mine), *Rural Nurse* (Cherry works as a public health nurse in Iowa and discovers a mystery in an old farmhouse), *Staff Nurse* (Cherry helps set

up a hospital volunteer program and investigates an investment scam.), *Companion Nurse* (Cherry visits Great Britain with a historical novelist), *Jungle Nurse* (Cherry accompanies a handsome young doctor to an African village where she uncovers a daring smuggling operation), *Doctor's Office* (Cherry becomes the office nurse for a medical practice in the theater district), and, finally, *Ski Nurse* (Cherry takes a temporary assignment at a Swiss ski resort, where she finds mystery and a handsome young ski instructor).

What a life Cherry had! All thanks to her career choice – that of being 'just a nurse'. We are lucky to be part of such a dynamic profession, in which limitless choices and opportunities abound. Thank you, Cherry Ames, for showing us the way, all those years ago!



Illinois State Council Meeting Highlights January 2006

By Merri Lazenby

We celebrated the success of our members. Some featured members were:

- ❖ Thelma Kuska who was nominated for the Barb Foley Injury Prevention Award
- ❖ Barb Weintraub and Polly Zimmerman who will be inducted into The Academy of Emergency Nursing

The working session of the meeting included:

- ❖ The membership present approved the proposed Mission and Vision Statements discussed at the previous meeting. The statements will not be "official" until evaluated by a legal expert.
- ❖ Membership discussed the need for a document retention policy and an investment policy. Appointed board members will look into previous policies and present them at the next meeting.
- ❖ The bulk of the working session was spent discussing the new per diem policy (which was important to approve prior to our delegates traveling to San Antonio in September). The current per diem rate was set at \$75 a day, not to include travel and hotel. The cap for the 2006 General Assembly delegates' reimbursement was set at \$750.

The highlights of the board member reports included:

- ❖ E. Lyons reminded the membership that national ENA is looking for participants in the resource specialist program. If you have a special interest or knowledge in an area of emergency nursing consider going to www.ena.org and apply for the resource specialist program.
- ❖ B. Weintraub reminded us that the ballots for the open positions on the Illinois State Council ENA board are out and need to be postmarked by September 1st.

Please remember, all Illinois emergency nurses are welcome to the state council meetings. Plan on getting a group of your coworkers together and carpool to the next meeting, which will be held November 4th, 2006 at the Hyatt Lodge in Oak Brook, IL. Please visit the state's website www.illinoisena.org for additional information.



Delegates Off to Texas

By Julie D'Agostino

We have a full complement of delegates and alternates for this year General Assembly in San Antonio, Texas on September 13 and 14, 2006. The representation from Illinois is:

First time delegates:

Deborah Landman
Patricia Madden
John Stryker
Marcie Crawford
Eileen Ring-Hurn
Kathy Clendenning
Veronica Jimenez
Ann Adlinton
Sheeba Greer
Gayle Toscano, alternate

Returning delegates:

Carole Reif
Kathy Koch
Darcy Egging
Harriett Hawkins
Rebecca Steinmann
Thelma Kuska
Evelyn Lyons
Cheryl Vinikoor

Vicky Goeddeke
 Elisabeth Weber
 Joanne Mitchell
 Vicki Keough
 Kathleen Richmond
 Julie D'Agostino



Silent Auction Nets \$4,622.28 for ENAF at Spring Symposium

By Kathleen Richmond

Thanks to the generosity of our members, families and friends, \$4,622.28 was raised for the Emergency Nurses Foundation during this year's Silent Auction. This annual event is held at our Networking Dinner prior to Spring Symposium, and includes a 50/50 Raffle. Thanks to all of you who contributed donation items and/or bid at the auction. And a special thank you to ENA President Nancy Bonalumi for donating her speaker's honorarium to the fundraiser.

Donations to the Emergency Nurses Foundation directly benefit emergency nurses, emergency patients, and the public through the support of: emergency nursing research, the promotion of public education regarding prevention of illness and injury, and the awarding of undergraduate, advanced practice and doctoral scholarships. As coordinator of the auction, I want to recognize those generous individuals and Illinois Council Committees who donated more than 100 auction items, and are directly responsible for the huge success of this fundraising event.

Thank you to Illinois Council members: Barb Bollenberg, Evelyn Lyons, Thelma Kuska, Merri Lazenby, Julie Bracken, Regina Bracken, Sharon Chesney, Jane Duda, Joan Duda, Darcy Egging, Jan Gillespie, Vicki Goeddeke, Sharon Graunke, Patricia Hickey, Penny Hurley, Vicky Keough, Joanne Mitchell, Marilyn Rice, Kathleen Richmond, Eileen Ring-Hurn, Diane Rogel, Elaine Sniogowski, Rebecca Steinman, Cheryl Vinikoor, Elisabeth Weber, and Barb Weintraub for the numerous books, ENA logo items, unique jewelry pieces, Beanie Babies Basket, Napkins & Placemats Basket, Gardening Basket, Summer Fun Basket, Tabletop Grill, Gourmet Pizza Basket, Picnic Basket, hand knit silk scarves, Wine Gift Baskets, porcelain collector dolls, Therapeutic

Massage Gift Certificate, custom-made scrubs, nursing collectibles, and Frozen Margarita Fun Basket, among other fun items for our "Cinco de Mayo" celebration.

Thank you to: the Illinois Council the Peds Committee for the Treasure Box, and the Injury Prevention Committee for the DVD Player.

Thank you to ENA Director Polly Gerber Zimmerman, co-author of the informative text *Triage Nursing Secrets*, for her donation of a copy of the book. Polly also donated a restaurant gift card for the auction.

Thank you to Dr. John Flaherty, Evanston Northwestern Healthcare, for the Cubs tickets

Thank you to MacNeal Hospital Emergency Department for the White Sox Gift Basket & Tickets.

Thank you to friends of ENA, Joe and Sarah D'Amico, for numerous items donated. Lastly, it's not too early to be thinking of next year's Silent Auction event. Please contact me if you can help by donating an item, or if you know of a business or organization willing to contribute. My e-mail is RichmondK8@aol.com or you can phone me at 708-687-6044.



ENA Scholarship to Scientific Assembly

By Julie Bracken

Every year the Council offers a scholarship to the national meeting. Unfortunately this year, there were no applicants. Please plan to apply for the scholarship for next year's meeting. The announcement will be posted in the Spring Countershock.



Injury Prevention/Government Affairs and Membership Committee Recruit a Member Drive

By Thelma Kuska

Starting summer 2006, the Injury Prevention/Government Affairs and the Membership Committee are embarking on a campaign to recruit more IL ENA members and more EN CARE providers. Watch for the recruitment poster coming to your emergency department soon. The committee members

started to take to the road to visit emergency department nurses throughout the state and deliver the recruitment posters.

Let's make Illinois first with the most ENA members!



Spring Symposium Committee **By Cheryl Vinikoor**

On May 5, 2006 Spring Symposium was attended by 250 emergency nurses from Illinois and surrounding states. This was the biggest conference yet. Our committee goal is to provide an educational program to help meet the CECH requirements for Illinois emergency nurses, while creating an environment conducive to networking. As many of us realized, networking is one of the reasons why we come together, to share ideas and experiences about what we do at work every day.

It was an honor to have the national president, Nancy Bonalumi, speak to the current challenges for emergency nurses. It was also an honor to hear Mary Connelly speak first hand about disaster management from her experience as a leader in the Illinois emergency medical response to Katrina last year. This was the first year we provided attendees a bound copy of all speaker materials. Dessert and coffee with Dr. Feldman, in the ballroom for the Blast Injury lecture was a fitting way to end a great conference.

Plans for Spring Symposium fulfill your needs. Please watch the website for the date, and we will be sure to send you a "Save the Date" card. Please email me with questions or ideas: cvinikoor@comcast.net.



Evidence Based Practice (Research) Committee

By Vicki Keough

Evidence Based Practice Presentation at Spring Symposium

The four winners of the Evidence Based Practice Awards gave wonderful presentations at the Annual Spring Symposium. The topics were diverse and the presentation very informative.

◆ Educational Similarities and Differences

between NPs and PAs (Sue Bednar, Ali Atwater and Vicki Keough)

- ❖ New treatment for acetaminophen overdose (DeAnn Faragoi)
- ❖ Early Sepsis Guidelines and Treatment in the ED (Michelle Knappe)
- ❖ Family Presence (Vicki Bacidore)

ANNUAL Evidence Based Practice CONTEST “Research and Practice Innovations”



The Illinois ENA Evidence Based Practice Committee invites you to enter a contest centered on “Research and Practice Innovations”:

- ❖ Four Projects will be chosen to win \$400 each!! (Can be a group project or an individual project)
- ❖ Entry Deadline: **December 1, 2006**
- ❖ Choose a topic or issue of interest to your ED and develop an evidence based practice protocol or recommendation.
- ❖ Must submit:
 1. 250 word abstract describing your project
 2. Project (not to exceed 10 pages):
 - ❖ Topic
 - ❖ Introduction
 - ❖ Significance to ED Nursing
 - ❖ Review of the literature including research
 - ❖ Discussion
 - ❖ Recommendations
 3. Poster at Illinois ENA Spring Symposium
 4. 15 minute oral presentation at ENA Spring Symposium

Send entries to:

Vicki Keough, PhD, RN, ACNP
c/o Loyola University Chicago,
School of Nursing
2160 S. First Ave, Maguire Building
Maywood, Ill 60153
708-216-3582



Trauma Committee

By Jan Gillespie

The trauma committee is meeting on a regular basis via conference call or in-person at St. Alexis in Hoffman Estates. The next meeting is October 17, 2006. The Illinois ENA trauma committee hosted a TNCC-Instructor Course on September 29, 2006 in Peoria, IL. Cathie Bell at Methodist Medical Center is the contact person. This committee is planning a CATN course for early 2007 and plans to have another TNCC-Instructor course before the next ENA Spring Symposium. We are waiting the “roll-out” of the new TNCC-Provider course.

Illinois EMS is having some issues with test availability for EMT-Ps, EMT-Is and EMT-Bs. We support EMS in their goals to have some decisions made concerning testing.

The TNS Course Coordinators met on August 25, 2006. In the meantime, please make sure you complete the appropriate paperwork for TNS extensions (including social security number) and forward to your TNS Course Coordinator. Those TNS RNs wishing to recertify using CEUs may do so. If you have not met the 20 hour per year requirement, you may request a waiver to compress the process (i.e. 19 hours in one year, 21 hours in the next, etc.). If you have any questions please call your TNS Course Coordinator. Go to www.traumanurse.info for all forms concerning TNS.

If you have any questions about the trauma committee please contact Jan Gillespie at jgilles@lumc.edu or Karin Buchanan at karinbuchanan@stalexius.edu.



Website Committee

By Kathleen Richmond

There is no report on the web site survey that has been online since April, as there

have been only two responses from site visitors. It's not too late to give us your feedback on how the current web site does, or does not, meet your needs as a member. Rate the design, ease of navigation, and site content. Let us know how to make it better for you. Go to the home page at www.illinoisENA.org to find the survey link.

Also, the Web Site Committee has been assimilated into the newly formed Communications Task Force. The web site is up for a major expansion and professional re-design. Please contact me by email RichmondK8@aol.com with your input. See you on the web!



National Membership Exceeds 30,000

By Merri Lazenby

Recently ENA celebrated an important milestone when the national membership totaled over 30,000 members. Illinois ENA represents a strong part of the total ENA membership as we make up over 1100 of the 30,000. There are so many great reasons why ENA membership is important and here are just a few:

- ❖ Member discounts for educational offerings and materials
- ❖ The opportunity to network with fellow emergency nursing professionals
- ❖ The opportunity to become involved and lead in a quality nursing organization
- ❖ Publications such as The Journal of Emergency Nursing, ENA Connection, and Disaster Management and Response
- ❖ The opportunity to volunteer for EN CARE- The Emergency Nurses Association's Injury Prevention Institute
- ❖ Access to research grants

The Illinois State Council membership committee is composed of volunteer members who are committed to not only increasing the total membership for the state but also retaining our established members. If you value your ENA membership and share in the vision of the membership committee join us!

Please email illinoisena@sbcglobal.net with your contact information and we'll let you know the date of the next meeting.



Invent

By Barb Weintraub

INVENT is up active and busy, busy, busy, thanks to our new coordinator, Mary Connelly. Mary is working in the position full-time, and coordinated a re-design of the brochure, website, and uniform, as well as participation in the recent Illinois Poison Center telephone disaster exercise. Be sure to check out the website at www.inventRN.org. Mary can be reached at either MaryC@invnetRN.org or 630-495-6400.



Choices for Living

By Thelma Kuska

The crash rate per mile driven for 16-year-old drivers is almost 10 times the crash rate for drivers ages 30-69 and more than twice the rate of 18- to 19-year-old drivers. (NHTSA, Traffic Safety Facts). And if you add alcohol use to the equation, the results are doubly disastrous.

A recent study conducted by the Pacific Institute for Research and Evaluation (PIRE) shows that underage drinking costs the nation nearly \$62 billion a year. Ted

Miller, PhD, lead author of the cost study states "the problems caused by underage drinking are a devastating tidal wave of alcohol harm." Underage drinking leads to almost 3,200 deaths and 2.6 million other harmful events, from serious injury to high-risk sex among youth. The study estimates that youth traffic crashes attributable to alcohol cost \$13.7 billion a year while violence costs \$34.7 billion. Violence includes the 500,000 incidences of rapes and assaults each year related to underage drinking. Alcohol-related problems cost an average of \$4,680 per underage drinker each year. (Source: CADCA Coalitions Online)

The study was published in the July 2006 edition of *Journal of Studies on Alcohol*. The researchers said the marketing of alcohol products to youth contributes to the problems associated with underage drinking. They noted at least 16 percent of all alcohol sold is consumed by underage drinkers.

So what can we, the emergency nurses do? Since 1985, EN CARE volunteers have been actively involved to reduce teen deaths and injuries from alcohol consumption. In 2005, a new and updated "canned" presentation was rolled out. It is called "Choices for Living." Just like its predecessor, alcohol use and misuse, safety belt use and speeding are addressed in this presentation. The program is aimed at high school and junior high school students. It has been received well by

the schools. Choices for Living is an interactive educational program designed to promote safe decision-making among teenage drivers. This dynamic program uses the power of personal stories, dialogue and group activities to help teenagers make the healthier choice to avoid underage drinking, binge drinking, and drinking and driving.

The Choices for Living CD is available for purchase from National ENA and can be used to present to high school students. However, in Illinois, we recommend nurses complete the eight-hour training called *Advancing Injury Prevention In Your Community* to be recognized as an ENA/ EN CARE Injury Prevention Provider. By attending the training, you will be provided with your injury prevention "tool box." The toolbox contains the Provider Manual, the Choices for Living CD and other injury prevention programs. CECH is also provided.

A training course is scheduled on October 23, 2006, at Edward Hospital in Naperville. For more information, please contact Thelma Kuska, Chair, Injury Prevention/ Government Affairs Committee at 708-361-8677 or via email: thelmakuska@comcast.net



ILLINOIS STATE COUNCIL EMERGENCY NURSES ASSOCIATION

2006 Board of Directors

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| EMS | Annie Moy W: (312) 926-5211 EM: amoy@nmh.org |
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Illinois

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