

## **COUNTERSHOCK**

**Fall 2001**

### **Illinois Council Emergency Nurses Association**

#### **President's Message**

By Darcy Egging

Where has the year gone? This is my last letter to each of you, I feel the need to update you again and do some reflection along the way.

We are still working on our financial situation. This is an ongoing project to ensure our organization is financially stable for the future. Though, this may not seem like a big issue; it has been a daunting task for the board.

We implemented teleconferencing of our state meetings. Although it has not caught on as rapidly as I would like, I am going to recommend to the board we continue to try this medium. I hope more of you will take advantage of teleconferencing in the future.

We continued our educational offerings and again will offer Symposium next year. Please continue to look for information on this meeting. Just one way to get those continuing education units we all need is attendance at the meeting. Additionally, it is a wonderful place to see old friends and make new ones.

The last thing I want to do is initiate a new state award system. I have been thinking of ways to increase how we say thank you to our peers. One way is to give awards for excellence. I am utilizing some of the criteria National ENA uses to recognize individuals. Therefore, the following award categories are available:

1. Manager Award
2. Nursing Education Award
3. Nursing Practice Award
4. Nursing Professionalism Award
5. Mentoring Award (this is not a National Award category)

Why am I talking about these awards at this time? First, to get people thinking of who fits these categories. Second, to allow people time to get the applications together. Lastly, to allow people to thank those individuals who pushed them to be better than they would have been if the individual had not been there.

So now you are thinking, what do you need to do?

1. Identify which award your nomination fits.
2. Tell us about your nominee including their name, home address, home and work telephone, e-mail address.

3. Requirements: (send two typed written pages – NO MORE)
  - a. List the nominee’s professional achievements, especially as relate to the award criteria.
  - b. Nominee’s resume or curriculum vitae.
  - c. Two letters of support addressing the nominee’s qualifications.
  - d. Two page rationale as to why this nominee deserves the award.
4. Your name, home address, home and work telephone number, e-mail address.

**Manager Award** – honors a member of ENA who consistently demonstrates excellence in the profession of emergency nursing and made significant contributions to the profession through emergency nursing management. The candidate must:

- Be responsible for hiring, firing, corrective action, personnel evaluation, staffing, and program development
- Be responsible for the ED setting, prehospital emergicenter, ground transport, or flight program
- Demonstrate innovative program development (e.g. creative solution to tough management situations)
- Demonstrate evidence of mentoring and leadership
- Be recognized by peers as an expert in emergency nursing management
- Encourage professional development and motivation through role modeling, e.g. CEN, CAN certification)
- Demonstrate commitment by serving as a consultant on emergency nursing issues to other groups, community education or EMS activities
- Be willing to share knowledge via verbal presentation, publication, or research;
- And promote nursing research activities with staff

Nominees are reviewed by the board

**Nursing Education Award** – honors a member of ENA who made significant contributions to education of colleagues, nursing students, EMS personnel, patients or families by formally or informally, publishing articles in nursing journals or textbooks, or developing a specific emergency nursing curriculum. The candidate demonstrates:

- Educational expertise in emergency nursing or EMS in roles such as mentor, preceptor, or instructor.
- Performance beyond job expectations in developing educational programs/instruction for colleagues, nursing students, patients or family, and/or EMS personnel; and
- Emergency nursing expertise through publications in nursing journals or textbooks and/or presentations at educational meetings with excellent clinical evaluations or the development of a specific emergency nursing curriculum.

Nominees are reviewed by the board and education committee

**Nursing Practice Award** – honors a member of ENA who exemplifies outstanding nursing practice as demonstrated through clinical skills, care and compassion. The candidate demonstrates:

- Emergency nursing knowledge through performance of consistent high level nursing skills as well as showing care and compassion towards patients and significant others;
- Improved quality of care by implementing the ENA Standard of Emergency Nursing Practice;
- Performance beyond job requirements in rendering patient care; and
- Participation in nursing programs, committees, or projects contributing to emergency nursing practice

Nominees are reviewed by the board and education committee

**Nursing Professionalism Award** – honors a member of ENA who consistently demonstrates outstanding professional behavior, a commitment to professional values and is active within the profession. The candidate demonstrates:

- Leadership within an institution or the Association contributing to the improved professional status of emergency nursing
- Efforts to influence emergency nursing through legislative testimony or articulation of emergency nurses’ professional role to other professionals, the media, or the public
- Encouragement of professional development and provided motivation through role modeling (e.g. CEN, TNCC etc.)
- Recognition by peers as an expert in emergency nursing; and
- Commitment by serving as consultant on emergency nursing issues to other groups, community education, or EMS activities.

Nominees are reviewed by the board

**Mentoring Award** - honors an ENA member who consistently demonstrates outstanding professional commitment to peers and the organization. The candidate demonstrates:

- A willingness to mentoring peers and students to become better emergency nurses.
- Encouragement of professional development and provides motivation through role modeling
- Commitment to emergency nursing by serving as a resource on emergency nursing issues to other groups

This is a very personal award. Therefore, personal stories should be included to describe how this person affected your professional development

Nominees are reviewed by the board

Now you know what to do. The applications must be received by **January 30<sup>th</sup>, 2002.** Start gathering your information now. Remember ANYONE who is nominated is

already a winner. If you feel someone should be nominated just do it. I would love to see numerous applications for each category.

Last thank you for allowing me to be your president; it has been an honor and privilege.

### **President-Elect Message**

By Barb Weintraub

I wanted to take this opportunity to introduce myself. My name is Barbara Weintraub, and I am your state president come January 1<sup>st</sup>. I don't know when I've been more honored to have been chosen to represent some of the most dedicated, intelligent, hard-working people that exist is a privilege and commitment I will treat with the utmost respect.

Who am I? Although there are days where I'm so busy even I'm not sure, here's a little bit about me. I'm 41 (yes, part of that aging nursing force). I am divorced for the past 10 years, but am actually on very friendly terms with my ex (lucky, I know). I have an 11-year-old son named Ben; two cats named Rocky and Chocolate, and for the most part grew up in the Chicago area. I attended Northwestern for both my BSN and a BA in biology, UIC for my Masters in Public Health, and Rush for my MSN (I agree, way too much time in school, and no, it's not all paid off yet!). I am currently the Coordinator of Pediatric Emergency Services at Northwest Community Hospital in Arlington Heights. I have also worked or done residency time at Evanston, Glenbrook, Highland Park, Children's Memorial, Northwestern, Rush, and Lutheran General hospitals, so I have a fairly well rounded view of what we do.

As the start of my presidency looms inevitably closer, I'm obligated to look at and discuss those issues directly affecting us. I know we are functioning under even more pressure than in the past. Our censuses are going up all over the state, the nursing shortage is making it difficult if not impossible to find qualified nurses, the overabundance of new regulations coming down are creating more work for us, and we are all so very tired.

What can I as president do? Alone, I can do nothing. With your support, encouragement, and input, we can do great things. These past years, input from our incredibly intelligent, resourceful and hardworking members allowed us to have direct input into the Trauma/TNS legislation, which affects what we do every day. Because of our members, we developed a partnership with IDPH to have a future voice in legislation, which affects us. Some of our members worked hard to bring you TNS review courses, ENPC & TNCC courses, the Spring Symposium, and to help Illinois nurses have a voice in Springfield via activism on the part of those bills affecting us and our patients. These are just a few examples of what we have done together.

So what will we do in 2002? What do you feel needs to be done? Where do you feel we need to go now? Without your voice, I don't know. Through my work with ENA, I've developed a network of people I can query as to how they are developing a certain policy.

I've developed networks that have both sent me towards new jobs, and have sent candidates to me to fill my jobs! And last but not least, I have met some really fun, enjoyable people who I am proud to call friend. Thank you for continuing your membership during these trying times, I hope to see you at our Board Meetings where you are always invited, and try bringing a friend. Together, we can do great things.

## **EVENTS**

### **State Council Meetings**

**November 10** – Illinois State Council meeting 10:00 – 12:00 n Loyola University Health Systems, Maywood, Contact Darcy Egging (630) 554-3432.

### **EDUCATIONAL OPPORTUNITIES**

**October 26** – *Triage Seminar* at Hines VA Medical Center, Hines. Contact Barb Bollenberg (630) 852-3517

**November 12 & 14** – *ENPC* at Children's Memorial Hospital, Chicago. Contact Marge Nevison (773) 880-3808

**November 15, 20, & 27** – *TNS Review* at Loyola University, Maywood. Contact Colleen Andreoni (708) 216-8347

**November 16** – *Legal Pitfalls in the ED* at Good Shepherd, Barrington. Contact Karen Hamik ( )

**November 27 & 28** – *TNCC* at Children's Memorial Hospital, Chicago. Contact Marge Nevison at (773) 880-3808

**November 29 & 30** – *ENPC* at Advocate Christ Hospital, Oak Lawn. Contact Janice Dorey (708) 346-5979

**November 29 & 30** – *ENPC* at Proctor Hospital, Peoria. Contact Theresa Hoadley (309) 691-1000 x3074

**November 29 & 30** – *ENPC* at Loyola University, Maywood. Contact Colleen Andreoni (708) 216-8347

**January 15** – *Bicycle & Helmut Safety Program* at St. Alexis Medical Center, Hoffman Estates. Contact Sharon Schultz (630) 518-3506.

## **ANNOUNCEMENTS**

Congratulations to the following members:

### **Election Results for Illinois Council ENA:**

**Evelyn Lyons** elected as a Director

**Sharon Schultz** elected President-Elect

**Vicky Keough** for publishing in both JEN and Nursing Spectrum

**Evelyn Lyons** received a free membership at the August State council meeting.

**Julie Bracken** received the Merikay Joyce Award from Illinois State Council ENA.

Anyone wishing to include course information on the ENA 2002 calendar please send your information to Colleen Andreoni at [traunam911@hotmail.com](mailto:traunam911@hotmail.com), or H (708) 479-7720, W (708) 216-8347.

### **ENA Minutes - Highlights from August 25, 2001**

By Sharon Graunke

Congratulations to Illinois ENA member Vicki Keough for publishing in JEN and Nursing spectrum.

Motion was made and approved to change the Treasurer's Report to the Board and Committee Chairs to be a line item balance sheet format.

SB64 Trauma Bill/DUI passed the senate. Will become Public Act 92-0431 effective January 2002. This adds extra money to the fines for DUI, which will go to trauma centers. Pat Hickey, IL. ENA member worked hard for the bill's passage.

Also, passed was SB 98 to increase the mandatory coverage of restrained children to 15 years of age. At 16, graduated licensing starts.

SB 403 was Also passed which will increase the fines for unrestrained children I motor vehicles.

Also, passed was Public Act 92-0432, which covers the Abandoned Children in the Emergency Departments, Fire Departments, etc.

Education – Triage Course October 26 at Hines. Barb Bollenberg coordinating. Legal Issues on November 16 at Good shepherd. Karen Hamick coordinating. For those doing programs, the 6<sup>th</sup> Edition of ENA's CECH application started on September 1, 2001. It can be downloaded from the National website.

Linda Angarola stepped down as Co-Chair of the Peds committee. Angie Black agreed to step up.

Results of the Peds survey indicates that staffing is the main issue related to why nurses do or don't go to courses.

Illinois ENA agreed to write a letter of support to the "Stop the Falls" program. This is an initiative to prevent falls from windows in high rises.

Injury Prevention will decorate a Christmas tree at Brookfield Zoo again this year. Date to be either November 17 or 18. Contact Thelma Kuska.

Focus Groups at the Spring Symposium went well. Data obtained from these groups will be available in the next few months.

Spring symposium next year will be May 10 at the Oak Brook Marriott. Dinner will be the night before.

There is a bridge course for TNCC and ENPC Instructors on October 29<sup>th</sup> at Edwards Hospital. Contact Jan Gillespie for information.

BCEN-the practice exam is up and running on the national website. BCEN is looking at alternatives to testing and recertification.

We have a full slate of delegates for National in Florida with some brand new delegates this year.

Checks out the EMSC website-they have many links and some potential free products if you look hard.

Illinois EMSC submitted a grant request to National EMSC to evaluate the utilization and effectiveness of the Broselow Color Code system.

Free membership was picked: Evelyn Lyons won.

Next State Meeting is November 10<sup>th</sup> at Loyola with hopes for remote site connections.

## **Peds Committee**

By Mary Otting

The Pediatric Committee completed its questionnaire sent to hospitals EDAP certified or partnered. Of 100 surveys sent 35 replies were returned. Thank you everyone who filled out the questionnaire. For pediatric education we found many ED's had only a handful of people whom were either PALS or ENPC certified. Many ED's had difficulty with staffing issues (of course) in getting people to classes. Also time constraints as well as money and reimbursement were all issues of concern. Unavailability of classes was mentioned several times and the committee is looking into ways to possible expand ENPC offerings throughout the state.

Many people expressed interest in getting involved with the Pediatric Committee and we would like to invite you to a meeting. Our next Peds Committee meeting will be at **Loyola on October 17,2001 from 6p-8p**. It will be held in the EMS Classroom Room 0216 (Lower level of Emergency Department building). Anyone needing directions please call MO at 773-880-3146.

We are looking at sponsoring another ENPC instructor class hopefully in February (date to be determined) at Northwest Community Hospital in Arlington Heights. If one is interested in becoming an ENPC instructor please submit the following:

1. Current Resume
2. Letter stating why you wish to be an ENPC instructor.
3. Letter of recommendation on your teaching abilities

This information can be mailed to Mary Otting 3125 W Addison #3 Chicago, Ill 60618. Please submit ASAP, as the class space is limited.

We would like to welcome Angie Black as the new Peds Co-Chair. Angie is the ED clinical educator at Children's Memorial Hospital. I would also like to personally thank Linda Angarola in Carbondale for all the hard work in assisting as my Co-Chair this past year. It was greatly appreciated.

## **Research Committee**

By Vicki Keough

## Call for Proposals

Deadline: **December 7, 2001**

Eligibility: ENA member

Purpose: To promote conduction of new or existing clinical nursing research

Funding A maximum of \$2,500 to be awarded. Funding is for the year 2002.

Awards will be announced by December 28, 2001.

Submission. Applications must be received by **4 PM on December 7, 2001** to:

Vicki Keough, RN-Cs, Ph.D.

Illinois ENA Research Committee

Loyola University Chicago, Niehoff School of Nursing

2160 S. First Ave., Maguire Bldg.

Maywood, Illinois, 60153

Expectations: Presentation of findings at annual Illinois ENA Symposium, write-up of research report to the Illinois ENA Research Committee, submission of grant report to the Illinois ENA Research Committee by June 30, 2003.

Application Packet: The application packet must include the following:

- Proposal not to exceed 8-10 pages, single spaced, font size 11-12 points:
  - Title Page
  - Study aims/objectives
  - Significance of problem to nursing/health care
  - Literature Review
  - Research question
  - Methodology
  - Timetable
  - Budget
  - References
  - Appendices
- Title page, abstract, timetable, budget and justification, references, appendices (not included in allotted page limit for proposal)
- IRB letter to institution at which the study will be conducted
- CV for each investigator, co-investigator, consultant (not to exceed 2 pages each)

If you have any questions please call Vicki Keough at 708-216-3582 or Rita Schlomer at 309-662-3311 x 3018

## Membership Committee

By Deb Mirco

The membership Committee wants every emergency nurse to be an ENA member. Through ENA, emergency nurses have an avenue to grow both personally and professionally. We join our voices in support of emergency nursing advocacy and

legislative issues. Together, we make a significant difference for the emergency patients of Illinois.

How do you get the most for your membership dollars? Get involved! Look at the committees reporting in this newsletter, and find a group meeting your needs and interests. Attend spring symposium, and other ENA continuing education programs, and helping your practice grow and develop. You are also invited to attend ENA State Council meetings. Network with other members, and see how they handle the same issues/problems you face. For a small time commitment, you can have a voice in this dynamic nursing organization.

Share the benefits of ENA! Ask an emergency nursing friend/colleague to join ENA. Membership materials are available from either Membership Co-Chair (see below) or contact the national office to join by credit card at 1-800-243-8362. Together, we have an opportunity to shape the future of emergency nursing practice!

Deb Mirco (847) 934-1849, on-line at [Dmirco@AOL.com](mailto:Dmirco@AOL.com)

Barb Bollenberg (630) 852-3517, on-line at [ChangeRN@AOL.com](mailto:ChangeRN@AOL.com)

### **Education Committee**

By Maureen Gibbs

The education committee understands the difficulties the nursing shortage brings to our jobs, peers and places of employment... We hope to offer pertinent reasonably priced seminars to improve practice. We encourage everyone to attend. Make a day at the seminar and go to lunch before work.

Suggestions are always welcome for topics and/or speakers to encourage learning and spark interest. For the remainder of this year, two educational programs remain:

**Triage** – information on the new five to six tiered triage plan. October 26<sup>th</sup> at Hines VA Medical Center, Hines, IL. Contact Barb Bollenberg

**Legal Pitfalls in the ED** – topics included: Patient and staff rights, evidence collection/forensics, restraints and EMTALA issues. November 16, at Good Shepherd, Barrington. Contact Karen Hamick.

Tentatively, planned events for 2002 are:

Back to Basics – February

Case study Review with Critical Care/AACN – June

CEN Review (3days Course) – October

Triage – November

Contact [maurengibbs@mediaone.net](mailto:maurengibbs@mediaone.net) for more information.

### **Spring Symposium Committee**

By Cheryl Vinikoor

The 27<sup>th</sup> annual Spring Symposium was held at the Oak Brook Marriott on May 11, 2001. It was very successful, with over 125 nurses in attendance. Program evaluations were very positive. Topics ranged from pediatrics, to trauma, to customer service. Focus groups sponsored by the research committee were well received by both staff nurses and advanced practice nurses. It provided them a personal and professional opportunity to share information. As always, the networking dinner the night before the symposium was fun, food was very good and it was an opportunity to meet with the state leadership. Below is a moment captured at the networking dinner.

The 2002 Spring Symposium is scheduled for Friday, **May 10, 2002** at the Oak Brook Marriott. Please save the date. Mark it on your calendar now! We plan to provide a program, which will have an impact on our personal and professional lives. And this year plan to come to the Networking Dinner the evening of May 9, 2002.

**Place the photo here!!**

### **Injury Prevention Corner**

By Thelma Kuska, EN CARE Institute Chair, Illinois

Due to the recent tragic events in New York City, at the Pentagon and Pennsylvania more people are becoming afraid of flying. However, we are a very mobile society and will find other alternatives to travel. More people will access rail, buses and automobiles. What does it mean for highway safety? The vehicle miles traveled will increase, clogging more of our busy streets, increase our driving time due to the number of vehicles on the road. There will be more incidence of aggressive driving and road rage. The number of crashes will increase. For us in the health care field, it will mean more injuries and fatalities and more patients coming in to the ED for medical care. It is now more important than ever that injury prevention education be provided to all.

#### *What happens in a crash?*

In less than a second after impact, the vehicle comes to a stop. Just after the vehicle comes to a stop, unrestrained occupants slam into the car's interior. Next, internal organs collide with other organs or the skeletal system. In a 30-mph crash an occupant strikes the interior of a car with a force of several thousand pounds.

#### *How safety restraints systems work?*

By holding you in your seat, a safety belt allows you to stop as the car is stopping. This is called *riding down the crash*. During a crash, the safety belt distributes the forces of rapid deceleration over larger and stronger parts of your body, such as the hips and shoulders. When the car finally stops, you are traveling far slower than if unrestrained.

In a front-end crash, supplemental air bags provide even greater benefit by spreading the forces across a larger area of the body. Air bags keep the front seat occupants from striking the steering wheel, instrument panel (dashboard) and interior posts. However, even with an air bag, a safety belt must be worn to protect the occupant in side impact

crashes. The difference between the restrained person's stopping distance and the unrestrained person's stopping distance is often the difference between life and death.

#### *Safety Belts and Child Safety Seats*

- ❖ Lap/shoulder belts must be worn correctly, low and snug across the hips, and the shoulder belt across the chest.
- ❖ Do not place the shoulder belt behind the back or under the arm. Because the vehicle lap/shoulder belt is one continuous loop, placing the shoulder portion of the belt behind the back renders the lap portion useless.
- ❖ Never place the lap portion of the belt over the abdomen.

#### *Safety Belts and Pregnancy*

Some women do not wear their safety belts when they are pregnant because they believe the seat belt might harm them and their unborn child in a crash. This could not be farther from the truth. Seat belts are the best protection for both the mother and the unborn child in a crash.

Pregnant women should make sure the lap portion of the belt is across their hips, *never over their stomach area*. The shoulder belt should be placed across their chest (between the breasts), and away from their neck. As the abdomen grows during pregnancy, it moves closer to the steering wheel. This can be dangerous in a crash. Pregnant women should move their seat back as far as possible while still reaching the pedals. Doctors recommend that pregnant women do **NOT** turn off the air bag if their vehicle has an on-off switch. The air bag can protect both the mother and unborn baby in a crash.

Pregnant women who become involved in a motor vehicle crash must seek medical treatment, no matter how minor the crash.

#### *Air Bags*

Air bags are proven effective safety devices. Air bags are designed to save lives and prevent injuries by cushioning occupants as they move forward in a front-end crash. By providing a cushion, an air bag keeps the occupant's head, neck and chest from hitting the steering wheel or dashboard. To perform well, an air bag must deploy quickly. The force is greatest in the first 2 to 3 inches after the air bag bursts out through its cover and begins to inflate. Those 2 to 3 inches are the "risk zone." The force decreases as the air bag inflates further. Occupants who are very close to or on top of the air bag when it begins to inflate can be hit with enough force to suffer serious injury or death. However, occupants who are properly restrained and sit 10 inches away from the air bag cover will contact the air bag only after it has completely or almost completely inflated. The air bag will then cushion and protect them from hitting the hard surfaces in the vehicle.

- ❖ Always buckle your seat belt.
- ❖ Keep 10 inches between the center of the air bag cover and your breastbone. Tilt steering wheel downward to obtain maximum distance between air bag cover and chest.

- ❖ Always transport children 12 years and under in the back seat and use appropriate child restraints.
- ❖ Always place an infant in a rear-facing infant seat in the back seat. A rear-facing seat in the front seat places the infant too close to the air bag and can cause head injuries and death.

### *A New Way to Steer Away from Injury*

If you were taught to place your hands at the 10 o'clock and the 2 o'clock positions on the steering wheel, it is time to steer away from injury. Driver's hands should be at a lower position on the steering wheel during a crash, to minimize air bag injuries. This is contrary to what is taught in some driver's education classes but important information to share.

If hands are at the 10 and 2 o'clock positions, the air bags upward motion will more likely fling the left and arm at the side windows or at the "B" post – the pillar between the side windows. Also, with hands at 10 and 2 o'clock position, gripping tightly on the steering wheel with stiff arms, the air bag is more likely to injure the driver's shoulders, wrists or thumbs. Drivers should use a "false grip" on the steering wheel (thumbs on the outside of the steering wheel to minimize the pull-off effect) with bent and flexible arms.

Certainly the drivers should avoid holding the steering wheel at the 10 o'clock position. Also, if the horn is in the middle of the steering wheel as it is on some older model vehicles, avoid blowing the horn just before the crash, as this is where the air bag will deploy. Both of these positions will force the hand and arm directly toward the head and neck.

Vehicle manufacturers have modified steering wheel designs to encourage drivers to adopt these hand positions. They have put handgrips on the steering wheel in the lower 9 and 3 o'clock or 8 and 4 o'clock positions. They are also moving the controls for the horn, cruise controls and volume controls on the lower half of the steering wheels to further encourage the use of lower hand positions. Some manufacturers are also making the steering wheel less comfortable to the grip in the incorrect position by making the wheel rim larger and with different textures.

So, if your hands are still at the 10 and 2, it is time to get the word out – *steer away from injury*.

### **SILENT AUCTION SUCCESS AT SPRING SYMPOSIUM**

By Kathleen Richmond, RN

\$1,421.25! Yes, our fun event raised that much money for the Emergency Nurses Foundation during this year's Silent Auction at the Leadership Dinner prior to Spring Symposium. As you know, donations to the Emergency Nurses Foundation directly benefit emergency nurses, emergency patients, and the public through the support of: emergency nursing research, the promotion of public education regarding prevention of

illness and injury, and the awarding of undergraduate, advanced practice and doctoral scholarships.

As coordinator of the auction, I want to recognize those generous individuals and organizations that donated auction items, and are directly responsible for the huge success of this fundraising event. Please remember to support those organizations and businesses that have been so generous to our Foundation.

Thank you to Illinois Council members: Julie Bracken, Regina Bracken, Darcy Egging, Penny Hurley, Donna Massey, Joanne Mitchell, Kathleen Richmond, Elaine Sniegowski, and Barb Weintraub for the wine baskets, music CDs, books, jewelry, gift baskets, nursing collectibles, Precious Moments figurines and other unique items.

Thank you to Illinois Council Committees: Education, Injury Prevention, and Pediatrics for their wonderful gift baskets.

Thank you to PEPID, LLC for the subscription to access the Portable Emergency and Primary Care Database. Find out more about this helpful clinical reference tool by calling (888) 321-7828 or visiting the web site at <http://pepid.com>.

Thank you to Northwestern Memorial Emergency Department for the text *Emergency Nursing Procedures*, 2<sup>nd</sup> ed. by Jean Proehl.

Thank you to Bernadette Kennealy, Certified Massage Therapist and member of AMTA, for the 1-hour therapeutic massage gift certificate. Bernie is a former ED nurse; she can be reached at *Heavenly Massage* (708) 567-0897 to schedule a massage or purchase a gift certificate.

Thank you to Tony & Tina Productions for the invitation (2 admissions) to the marvelous *Tony & Tina's Wedding* (RSVP 312-664-8844). It's great fun to attend.

Thank you to the Chicago Blackhawks Organization for the team photo and 2 tickets to a home game. See an action-packed Blackhawks game at the magnificent United Center (312-455-7000).

Thank you to the Chicago White Sox Organization for the 4 Upper Deck Box tickets to a home game. Visit Comiskey Park to see the exciting Sox in action. For ticket information call 312-674-1000.

And, lastly, thank you to the Chicago Bulls Organization for the Tim Floyd autographed Bull's pennant. See the world-famous Chicago Bulls at the United Center (312-455-4000).

It's not too early to be thinking of next year's auction. Please contact me if you can help by donating an item, or if you know of a business or organization willing to contribute. My e-mail is [RichmondK8@aol.com](mailto:RichmondK8@aol.com) or phone me at 708-687-6044.

## **ILLINOIS ENA WEB SITE UP AND RUNNING!!**

By Kathleen Richmond

The Illinois Council established a web site that will excite our web-surfing members. The site provides up-to-the-minute news on Council activities, including educational offerings, meetings, and contact persons. The recent issues of *Countershock* are online, and there is an archive page for those interested in the history of our organization. The site links to National ENA, as well as other pertinent sites. You can reach the Illinois ENA web site through a link at the national site ([www.ena.org](http://www.ena.org)) under State Councils and Chapters, or directly connect at <http://illinoisENA.homestead.com/welcome.html>. Please visit your new web site, add your name to the e-mail list, and let me know how the site can best serve your needs as a member. See you online!

## **ENA's "Poster Child" is an Illinois Member!**

By Elisabeth Weber, RN

If the nurse on this year's banner for Emergency Nurse's week looks familiar, it's because she is an Illinois ENA member and might have taught you ENPC! Annie Lindsay Quinn, RN is a level III nurse in the Emergency Department of Children's Memorial Hospital in Chicago. Annie is a 1987 graduate of Christ Hospital School of Nursing in Cincinnati, Ohio. She was a staff nurse at Children's Hospital Medical Center of Cincinnati for eight years before relocating to Chicago in 1996. She has been a staff nurse and team leader at Children's since 1996, with one year away in the PICU and ED at the University of California at Irvine, when her husband Pete was transferred on business.

Annie came back to the ED in June of 2000 and was photographed with a patient nearly a year ago when the ENA General and Scientific Assemblies were in Chicago. Annie recently became an ENPC Instructor and is happily awaiting the birth of her first child in the spring. Next time you think that everyone in advertisements is a model, think of our co-member, co-worker, and friend, Annie Quinn!